



HEALTH AND SAFETY PLAN

Overnight Camps 2022

In regard to illness: It is our priority to provide a healthy and safe experience for all of our campers and staff! We believe the best way to keep our camp community healthy is to focus on prevention. Camp Orchard Hill asks all campers to evaluate their health before arriving for their program and to adhere to the following.

- If you have a temperature of 100.4 or greater or have 2 or more of the following symptoms of illness, please remain at home. Symptoms include fever, chills, sore throat, cough, common cold symptoms like runny nose and head congestion or nausea and diarrhea.
- If you experience these symptoms of illness as described above while you are a camper, please notify your counselor and the nurse right away.
- We continue to monitor CDC and PA Dept of Health guidance for summer camps and will update accordingly.

Before you leave home: we ask that you choose at least one of these following methods of tracking your health. You can let us know which method you chose during your health screening. Documentation will not be collected.

- Track your health for 5 days to monitor for symptoms of illness. OR
- Self-certify that you have received a COVID vaccination. OR
- Obtain a negative COVID test 3-4 days before arrival.

Sunday Check-In will be conducted in a drive thru format and camper health screenings will be provided directly at each car. The health screening will include a temperature check with a contactless thermometer and the following three questions:

- Have you had a temperature of 100.4 or greater in the last 72 hours?
- Have you experienced any additional symptoms of illness including fever, chills, sore throat, cough, common cold symptoms like runny nose and head congestion or nausea and diarrhea?
- Have you or anyone in your household had contact with a person that is positive for COVID-19 infection or awaiting the results of a COVID-19 test?

Anyone who has a temperature of 100.4 or greater, multiple COVID-19 symptoms or recent exposure to someone who is positive for COVID-19 infections should not attend camp.

While you are here:

- Campers will be encouraged to wash hands at regular intervals, especially after using shared equipment
- Campers will be encouraged to cover coughs and sneezes with a tissue and handwashing.
- Our cleaning team will regularly clean and sanitize bathrooms and common spaces.
- Campers who become ill will notify their counselor and the nurse right away
- A camper who develops a fever of 100.4 or greater and/or additional symptoms of illness, will go to the health center and parents will be contacted.

Participants at Higher Risk – Each family must determine the appropriateness of attendance for campers who are at higher risk for severe illness. A list of these risk factors can be found at <https://www.cdc.gov/coronavirus/2019-ncov/hcp/clinical-care/underlyingconditions.html>

Refunds Related to Illness: In an effort to encourage prevention of illness, we will provide a refund for anyone who cannot attend camp due to a positive COVID test, exposure to COVID in their home or symptoms of illness.



CAMP ORCHARD HILL

Communicable Disease Plan 2022

Before You Attend Camp

- Staff and families should not come to camp, and must notify camp officials if they (staff) or their child (families) become sick with COVID-19 [symptoms](#), test positive for COVID-19, or have been exposed to someone with symptoms or a confirmed or suspected case.
- Sick staff members or campers must not return to camp until they have met CDC's [criteria to discontinue home isolation](#).

Initial Health Screenings

- We will conduct a health screenings of both campers and staff including temperature check and COVID-19 [symptoms](#) (fever, cough and shortness of breath).
- For any camper or staff member that exhibits a fever of 100.4 or greater or multiple COVID-19 symptoms, they will be taken to the isolation room located in the health care center. Campers and other staff members in that cohort group will be quarantined in their cabin until testing is completed and results are available.

Developing Symptoms While at Camp

- **Isolate and Transport Those Who are Sick**
 - Immediately separate staff and campers with COVID-19 [symptoms](#) (such as fever, cough, or shortness of breath) and place a face mask on the individual. Isolate the individuals by separating symptomatic individuals by at least 6 feet. Individuals who are sick must go home and or to a healthcare facility, depending on the severity of symptoms, and follow [CDC guidance for caring for yourself or others](#) who are sick.
 - If a staff or camper does not require immediate clinical evaluation and is not able to be transported off grounds immediately, they will be taken to the isolation room located in the health care center. The health care staff will follow [Standard and Transmission-Based Precautions](#) when caring for sick people. See: [What Healthcare Personnel Should Know About Caring for Patients with Confirmed or Possible COVID-19 Infection](#).
 - If a parent or driver is not immediately available for transportation we will keep the staff member or camper in the isolation room until parent/driver arrival. If symptoms warrant emergency medical attention (see below), we will utilize 911 to transport camper or staff to the hospital.
- **Clean and Disinfect**
 - Close off areas used by a sick person and do not use these areas until after cleaning and disinfecting them (for outdoor areas, this includes surfaces or shared objects in the area, if applicable).
 - Wait at least 24 hours before cleaning and disinfecting. If 24 hours is not feasible, wait as long as possible. Ensure safe and correct use and storage of cleaning and disinfection products, including storing them securely away from children.

Returning to Camp

Due to the week long duration of overnight camp and the quarantine period of 5 days for campers with symptoms, those who test positive, and those who have been directly exposed, overnight campers will not be able to return to overnight camp.

A. Staff can return to camp only if:

- They have quarantined for 5 days since the onset of symptoms and it has been at least 72 hours of having no fever without use of fever-reducing medications **and** no additional symptoms;

- The staff or camper has consulted with a healthcare provider and state or local health department. ***A negative covid-19 test will be required for re-admittance to camp.***

Upon Return to Camp:

- Health screenings will continue to be performed on a daily basis.
- When returning to camp, staff will be instructed to self-monitor for symptoms and alert the camp staff or supervisor if symptoms return.

Notification of Close Contacts

- We will advise those who have had [close contact](#) with a person diagnosed with COVID-19 to stay home, [self-monitor for symptoms](#), and follow [CDC guidance](#) if symptoms develop.
- Our camp programs will proceed under guidance from the PA Department of Health.

When to Seek Emergency Medical Attention

Look for **emergency warning signs*** for COVID-19. If someone is showing any of these signs, **seek emergency medical care immediately**

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Bluish lips or face

*This list is not all possible symptoms. Please call your medical provider for any other symptoms that are severe or concerning to you.

Call 911 or call ahead to your local emergency facility: Notify the operator that you are seeking care for someone who has or may have COVID-19.