

## Overnight Camper Handbook

Thank You for registering for camp this summer. Please use the checklist below to make sure you're ready for registration and your camper is prepared to have the BEST WEEK EVER!

### **In regard to COVID-19:**

**It is our priority** to provide a healthy and safe experience for all of our campers and staff! We believe it will be possible to run Overnight Summer Camp in 2021 and will do so according to guidelines provided by the PA Department of Health. Please refer to our full Health and Safety Plan for Overnight Camp. These guidelines are subject to change and you will be notified of any changes. Please read your handbook carefully so that you know what to expect! You can register for Camp Orchard Hill programs with confidence! *We will provide a full refund or transfer your fees if a program needs to be cancelled due to COVID-19 or if you are unable to attend due to COVID-19.*

### **Checklist for Parents/Guardians:**

#### **Two weeks prior to check-in:**

- Health History Forms** – If you did not complete our Health History Form online during registration, please do so through your Ultra Camp account (including electronic parental signature) two weeks prior to check-in. Please know that this form can be updated as the summer goes on if anything changes.
- Payment** - Please pay your balance in full two weeks prior to the start of camp. You may pay either online using a credit card, mail a check or call the office to make the payment.
- Choose your preferred self-certify COVID-19 precaution and plan to implement.** (Either negative COVID screening, Vaccine or 5 Day Pre-Screening. See Health & Safety Plan for Details)

#### **Check-In and Check-Out Details:**

- Sunday Check-In** will be conducted in a drive-thru format and camper health screenings will be conducted directly at your car. The camper must be present in line and must be seen by our Health Screeners. Please remain in the check-in line until you are approved by a Health Screener. (Expect a temp check, COVID health questions and a self-certify that you have implemented one of our three COVID safety measures. Documentation will not be collected.)

***Anyone who has a temperature of 100.4 or greater, multiple COVID-19 symptoms or recent exposure to someone who is positive for COVID-19 infections should not attend camp.***

- Cabin Check-In** – One guardian per camper will be able to enter the cabin building to help their camper get settled. Guardians entering the cabin will be asked to wear a face covering.
- Camper Medications** – Please keep camper medications in their ORIGINAL containers with doctor's instructions in a Ziploc bag. You will have the opportunity to give medications to our nurse as well as share any specific instructions or concerns.
- Spending Money** – Our Apple Tree snack shop offers a variety of snacks, drinks and souvenirs. You can add money to your camper's snack shop account during online registration. You may also add money online. See Apple Tree Details sheet for instructions. You will be able to track your camper's balance online during the week and add money if needed.
- Saturday Check-Out Procedures** – One guardian per camper may enter the cabin building to help with check-out and to collect luggage. Parents should sign out on the counselor clip board in each cabin. Our normal Parent Goodbye Party will be in a virtual format. We are not

able to host a crowd of parents indoors, but we will provide closure and celebration. A virtual party link will be provided via email.

- **Communication** – You can mail letters or packages to your child with the following address:  
Camper Name | Camp Orchard Hill | 640 Orange Road | Dallas, PA 18612  
You can also email your child and receive a response while they are at camp using your Ultra Camp account. Instructions on how to do this will be included in your welcome pack at Sunday check-in.

## **Guidelines for the Camper and Parents/Guardians:**

- A parent or authorized guardian must check-in on Sunday and check-out on Saturday using the counselor clipboard in each cabin. Please notify the camp office in the event that you need to pick up your camper for an early departure, doctor visit, etc. Any adult picking up a camper must be listed as an approved pick-up on Ultra Camp or be verified in writing by the camper's parent/guardian. All adults besides the parent/guardian will need to provide ID at time of pick-up.
- Campers are not permitted to bring drugs, tobacco, alcoholic beverages, fireworks, firearms, pocket knives, pornography or text/internet enabled devices including tablets, games, watches and cell phones.
- Everyone is expected to follow the camp schedule.
- Campers are to be in their cabins from the designated lights-out time until 6:30am except for emergencies.
- Male campers will not enter female cabins and restroom area and female campers will not enter male cabins and restroom area.
- Camper cabins are to be kept clean and will be checked daily.
- Please advise your camper to report injury or illness to their group leader and the camp nurse.
- Courtesy is to be practiced at all times towards other campers and staff.
- Campers should NOT come to camp if they have any signs of illness. For additional details relating to COVID-19 please refer to our full Health and Safety Plan (to be published May 14).
- Campers are not allowed to make or receive phone calls from the camp office unless permission is granted from the Program Manager, Program Director or Executive Director.
- Camper Dress should be modest and appropriate for the activity:
  - \*Bathing suits should be one piece or full coverage tankini for girls and trunks for boys.
  - \*Clothes should be comfortable for high activity, provide full coverage from the shoulder to mid-thigh and be free of graphic images or language. All undergarments should be covered.
  - \*Closed toed shoes will be required in certain activities. Shirts and shoes must be worn at all times except for swimming.
- Any form of bullying will not be tolerated. Bullying will be defined as physical, verbal or emotional abuse, hazing or threats. A pattern of continued behavior will result in dismissal.
- Camp Orchard Hill is committed to providing an environment that is free of discrimination and harassment. Actions, words, jokes, sexually graphic language or comments based on an individual's gender, race, ethnicity, age, religion or any other legally protected characteristic will not be tolerated. A pattern of continual behavior will result in dismissal.

## **Standard Discipline Strategy**

- 1.) *A 1<sup>st</sup> offense will result in a warning, explanation of undesired behavior, and reference to behavioral expectations.*
- 2.) *A 2<sup>nd</sup> offense will result in an immediate break from current or upcoming activity (duration of time will depend on the age: ages 8-11 will be 5-7 minutes, ages 12-17 will be 7-10*

minutes.) The purpose of this break is to help diffuse the situation and allow for reflection immediately following the offense. A strategy emphasizing personal responsibility will be used (e.g. throwing rocks might result in picking up those rocks and returning them to the correct location).

- 3.) A 3<sup>rd</sup> or repeated offense will result in reporting to the Program Director or Program Manager where a verbal or written contract will be made. Parents will also be notified.
- 4.) Continued infractions will result in dismissal from camp.

## Camper Goals and Objectives

Camp Orchard Hill will:

**1. Provide opportunities that stimulate the development of each camper.**

*Campers will have the opportunity to choose activities, make friends and discuss the events of their day with their counselors. Counselors will work to create a physically, emotionally, relationally and spiritually safe place.*

**2. Provide situations for each camper to set goals and challenge themselves while discovering their own abilities.**

*Campers will participate in a variety of activities that will challenge them and they will learn at least one new skill.*

**3. Allow each child to experience group living.**

*Campers will live and eat together in groups and participate in group activities where they will have the opportunity to discuss their day together and make community building decisions.*

**4. Help each camper appreciate their natural surroundings and take an active role in the stewardship of our environment.**

*Campers will have the opportunity to recycle, keep the environment clean and respect the environment by staying on trails, not picking flowers, cleaning up, etc.*

## What to Bring:

### Suggested Items:

- Twin Bedding and Pillow (We recommend a fitted sheet plus a sleeping bag or warm blanket)
- Toiletry bag, bin or tote to carry to the Bathhouse (soap, shampoo, toothbrush/paste, etc.)
- Bible, notebook and pen
- Bathing Suit (One-piece suit or full coverage tankini for girls. Trunks for boys.)
- Comfortable clothes for high activity
- Sneakers and extra socks
- Poncho or raincoat
- Crocs/Flip Flops for water activities
- Warm sweatshirt or jacket for chilly mornings and nights
- Flashlight
- Bath Towel and Beach Towel
- Sunscreen
- Laundry bag
- Spending Money added to camper's Ultra Camp Store Account

### Optional Items:

- Insect repellent
- Equipment: Baseball glove, cleats (no metal spikes), Roller blades/Skateboard/Bike with helmet and pads, Fishing Pole
- Watch or alarm clock (please no radio alarm clocks or internet/text enabled watches)
- Camera (Not text or internet enabled)

Stationary and stamps

### **In case of Emergencies**

Since the program has no way of determining what each person considers an emergency, the general camp practice is to contact parents when there is a concern about the camper's health and/or when a situation is not progressing as expected.

If outside medical attention is necessary, every attempt will be made to notify the parent/guardian prior to treatment and immediately after conclusion of treatment. All contact, successful and unsuccessful, will be documented on the individual's health form.

### ***Camp Orchard Hill Mission Statement:***

*Camp Orchard Hill exists to meet the physical, emotional, relational and spiritual needs of campers, families and our community through the love of Jesus Christ.*