



# Health and Safety Plan for Overnight Camps 2021 (INCLUDING COMMUNICABLE DISEASE PLAN)

We're excited to host you in our Overnight Camp this summer! Many of our policies and procedures are different this year based on the current CDC and PA Department of Health guidelines for camps and conference facilities. **PA Department of Health has indicated they will lift many guidelines beginning May 31, 2021. They have also indicated that the face covering guidelines will lift on June 28, 2021. With that in mind, these guidelines are subject to change and will likely change before camp. You will be notified of any changes.** Please read these guidelines carefully so that you know what to expect! And please contact us with any questions!

## Checklist for Parents/Guardians and Youth Leaders:

### Before you leave home:

- Each camper should obtain a negative COVID-19 test 3-4 days before arrival for their session

**OR**

- Self-certify that they have completed the following 5-day Pre-Screening worksheet prior to arrival.

Pre-Screen Date	Avoid Public Settings/Large Groups	Temperature Check	Note relevant symptoms (cough, shortness of breath)
Day 1 (Date: _____)	<input type="checkbox"/>	<input type="checkbox"/> _____	
Day 2 (Date: _____)	<input type="checkbox"/>	<input type="checkbox"/> _____	
Day 3 (Date: _____)	<input type="checkbox"/>	<input type="checkbox"/> _____	
Day 4 (Date: _____)	<input type="checkbox"/>	<input type="checkbox"/> _____	
Day 5 - Session Start Day	<input type="checkbox"/>	<input type="checkbox"/> _____	

**OR**

- Self-certify that your camper has received a COVID-19 vaccination
- Please evaluate your health before attending your session and use common sense measures to help keep the whole community stay safe! Please take your temperature and evaluate your general health. Please remain at home if you show a temperature of 100.4 or greater, COVID-19 [symptoms](#), or if you have been in close contact with a person that is positive for COVID-19 or waiting for results from a COVID-19 test. This is the most effective way to maintain the health and safety of our whole community!

### Individual responsibility while at camp:

Each camper will have personal responsibility to adhere to Camp Orchard Hill guidelines. Counselors will help enforce guidelines within their own group. Campers do not need to enforce guidelines with other campers. They can notify COH leadership of any concerns as they arise throughout the week.

- **Sunday Check-In** will be conducted in a drive thru format and camper health screenings will be provided directly at each car. The health screening will include a temperature check with a contactless thermometer and the following three questions:
  - Have you had a temperature of 100.4 or greater in the last 72 hours?
  - Have you experienced coughing or shortness of breath in the last 72 hours?
  - Have you or anyone in your household had contact with a person that is positive for COVID-19 infection or awaiting the results of a COVID-19 test?

**Anyone who has a temperature of 100.4 or greater, multiple COVID-19 symptoms or recent exposure to someone who is positive for COVID-19 infections should not attend camp.**

- **Daily Morning Health Screening** – Before entering camp and before breakfast each morning a staff member will take camper temperatures with a contactless thermometer and check for COVID-19 symptoms.
- **In the Event of Illness** - A camper who develops a fever of 100.4 or greater and/or multiple COVID-19 symptoms, will carefully isolate in the health center. Parents will be contacted for permission to administer a COVID-19 rapid test. The exposed cabin group will remain in their cabin until COVID-19 testing and results are completed. If the test is positive, we will arrange a second test with a local provider and contact the PA Department of Health. If both results are positive, the camper will return home as soon as a ride is arranged. If the test is positive, the exposed cohort will also need to return home. Prorated refunds will be provided.
- **Handwashing and Sanitation** – Participants will be asked to sanitize their hands regularly, especially before and after use of shared equipment. Campers will also be asked to wash their hands at regular intervals throughout the day using correct hand washing practices with soap and water for at least 20 seconds.
- **Face Coverings** – In accordance with PA Department of Health guidelines, all participants will be required to wear face coverings when in common indoor spaces like The Lakeview Terrace, the Apple Tree Café, the Gym and Game room. Participants will be welcome to remove face coverings while they are outdoors and able to maintain 3 feet of distance, while they are seated at their tables in the Lakeview Terrace dining center and when they are in their cabin with their cohort group. Our staff team will wear masks when they are indoors at all times and when they are outdoors and not able to maintain social distancing measures. We will relax face covering guidelines as we are able according to PA Department of Health guidelines.
- **Respiratory Etiquette** – Campers and staff will be encouraged to cover coughs and sneezes with a tissue. Used tissues will be thrown in the trash and hands washed immediately with soap and water for 20 seconds when available. If soap and water are not readily available, hand sanitizer will be used.
- **Report Changes in Health:** Parents/guardians and leaders, please advise all participants to quickly report changes in health or symptoms of illness to their counselor and then to the staff of Camp Orchard Hill.
- **Participants at Higher Risk** – Each family must determine the appropriateness of attendance for campers who are at higher risk for severe illness. A list of these risk factors can be found at <https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-at-higher-risk.html>

**Structural Changes to Reduce Exposure:** We have made an effort to take the majority of COVID-19 safety precautions on our program structure so that campers can enjoy their week. Structural changes include cohorting, emphasizing outdoor activities whenever possible and creating physical distance between cohorts when indoors.

- **Capacity** – Our overall capacity and capacity for each space will be determined by current PA Department of Health guidelines as outlined for [conference facilities](#).
- **Household Cohorts** – Each cabin building will be considered a household cohort and will have common housing and bathroom assignments, meal and session seating and will be grouped together for activities. The week will be structured to create space between household cohorts and limit indoor mixing. Participants will be asked to maintain physical distance with other cohorts when indoors.
- **Sunday Check In**– our Sunday check-in will be held in a drive thru format from 3pm-4pm with health screening available directly at your car. One guardian per camper will be able to enter the cabin building to

meet the counselors and settle their camper. Guardians entering the cabin building will be asked to wear a face covering. Additional details about arrival and check in will be provided!

- **Saturday Check Out** – One guardian per camper may enter the cabin with a face covering to assist with check out. We will host our traditional Parent Goodbye Party in a virtual format. We are not able to welcome a crowd of parents indoors, but we want to provide closure and celebration for the awesome experience that we know it will be. We will communicate a virtual party link to each family by email.
- **Worship Services** – Daily worship services will be held in The Lakeview Worship Center with ample distance provided between each cohort. Campers will remain in the “Personal Party Space” assigned to their cohort. Participants will wear face coverings while they enter, exit and during singing/worship. Participants may remove face coverings during teaching when they are seated in their personal party space.
- **Scheduled Activities** – Campers will continue to have a wide variety of activity choices each week with an emphasis on outdoor adventures and activity! Cohorts will be scheduled for outdoor activity zones and when weather requires cohorts will be assigned to indoor spaces and activities. We anticipate that campers will continue to have an exciting week full of new challenges and adventures.
- **Meals** – Chef Steve will provide delicious meals with a modified buffet for overnight campers. Staff will fill plates and participants will wear a face covering when they are in the buffet line. Participants will be able to remove their face coverings when they are seated at their assigned tables in The Lakeview Terrace.
- **Snack Shop** – The Apple Tree Café snack shop will be open to purchase snacks, prepared foods, drinks and souvenirs throughout the week! Cohorts will be assigned a specific time to purchase snacks. One cohort will be scheduled at a time and the Café will be cleaned and sanitized between use by each cohort group.
- **Drinking Water** – Campers should bring a refillable water bottle for use during their camp week. Water bottles can be refilled from hands free water stations located at various places around camp. Drinking fountains and drink machines will not be in use. Drinks will be available on tables in The Lakeview Terrace.
- **Cleaning and Ventilation** – A dedicated cleaning team will be responsible for sanitizing bathrooms and common areas throughout the day and between uses by each cohort. Our program team will regularly disinfect shared program equipment in between cohort use throughout the day. Cabins will rely on air conditioners with an open window to create healthy circulation of air. The Lakeview Terrace dining room and worship center is equipped with fresh air circulators to keep air moving.
- **Refunds related to illness** – Our normal policy will remain in effect, that deposits or final payments made toward camp will be non-refundable. We will make an exception to this policy for participants who are turned away for a fever of 100.4 or greater, or who develop a fever or multiple symptoms of COVID-19 prior to their week. We encourage parents/guardians and youth leaders to evaluate participant’s health before arriving at camp. We will also provide a partial refund for the unused portion of the week for campers who become ill while they are at camp or need to quarantine. Please see our Communicable Disease plan for further details and contact the camp office with any questions.
- **Communicable Disease Plan** – Camp Orchard Hill will follow CDC and PA Department of Health Guidelines meant to prevent the spread of communicable disease. Our plan includes daily health screenings, recognition of symptoms related to COVID-19, careful treatment and isolation of participants who present symptoms and appropriate communication and action for participants who demonstrate multiple symptoms of COVID-19 or test positive for COVID-19. For detailed information on our Communicable Disease Plan, please refer to that document below.



# Camp Orchard Hill

## Communicable Disease Plan 2021

### Before You Attend Camp

- Staff and families should not come to camp, and must notify camp officials if they (staff) or their child (families) become sick with COVID-19 [symptoms](#), test positive for COVID-19, or have been exposed to someone with symptoms or a confirmed or suspected case.
- Sick staff members or campers must not return to camp until they have met CDC's [criteria to discontinue home isolation](#).

### Daily Health Screenings

- We will conduct daily health screenings of both campers and staff including temperature check and COVID-19 [symptoms](#) (fever, cough and shortness of breath).
- For any camper or staff member that exhibits a fever of 100.4 or greater or multiple COVID-19 symptoms, they will be taken to the isolation room located in the health care center. Campers and other staff members in that cohort group will be quarantined in their cabin until testing is completed and results are available.

### Developing Symptoms While at Camp

- **Isolate and Transport Those Who are Sick**
  - Immediately separate staff and campers with COVID-19 [symptoms](#) (such as fever, cough, or shortness of breath) and place a face mask on the individual. Isolate the individuals by separating symptomatic individuals by at least 6 feet. Individuals who are sick must go home and or to a healthcare facility, depending on the severity of symptoms, and follow [CDC guidance for caring for yourself or others](#) who are sick.
  - If a staff or camper does not require immediate clinical evaluation and is not able to be transported off grounds immediately, they will be taken to the isolation room located in the health care center. The health care staff will follow [Standard and Transmission-Based Precautions](#) when caring for sick people. See: [What Healthcare Personnel Should Know About Caring for Patients with Confirmed or Possible COVID-19 Infection](#).
  - If a parent or driver is not immediately available for transportation we will keep the staff member or camper in the isolation room until parent/driver arrival. If symptoms warrant emergency medical attention (see below), we will utilize 911 to transport camper or staff to the hospital.
- **Clean and Disinfect**
  - Close off areas used by a sick person and do not use these areas until after cleaning and disinfecting them (for outdoor areas, this includes surfaces or shared objects in the area, if applicable).
  - Wait at least 24 hours before cleaning and disinfecting. If 24 hours is not feasible, wait as long as possible. Ensure safe and correct use and storage of cleaning and disinfection products, including storing them securely away from children.

### Returning to Camp

Due to the 6-day duration of overnight camp and the quarantine period of 10 days for campers with symptoms, those who test positive, and those who have been directly exposed, overnight campers will not be able to return to overnight camp.

#### A. Staff can return to camp only if:

- They have quarantined for 14 days since the onset of symptoms and it has been at least 72 hours of having no fever without use of fever-reducing medications **and** no additional symptoms;
- The staff or camper has consulted with a healthcare provider and state or local health department. ***A written physician's clearance and negative covid-19 test will be required for re-admittance to camp.***

#### **Upon Return to Camp:**

- Health screenings will continue to be performed on a daily basis.
- When returning to camp, staff will be instructed to self-monitor for symptoms and alert the camp staff or supervisor if symptoms return.

#### **Notification of Health Officials and Close Contacts**

- In accordance with state and local laws and regulations, we will notify local health officials and families immediately of any case of COVID-19 while maintaining confidentiality in accordance with HIPPA and the Americans with Disabilities Act.
- We will advise those who have had [close contact](#) with a person diagnosed with COVID-19 to stay home, [self-monitor for symptoms](#), and follow [CDC guidance](#) if symptoms develop.
- Our camp programs will proceed under guidance from the PA Department of Health.

#### **When to Seek Emergency Medical Attention**

Look for **emergency warning signs\*** for COVID-19. If someone is showing any of these signs, **seek emergency medical care immediately**

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Bluish lips or face

\*This list is not all possible symptoms. Please call your medical provider for any other symptoms that are severe or concerning to you.

**Call 911 or call ahead to your local emergency facility:** Notify the operator that you are seeking care for someone who has or may have COVID-19.