



Health and Safety Plan for Winterblast 2021 (INCLUDING COMMUNICABLE DISEASE PLAN)

Thank you for registering for Winterblast 2021! Many of our policies and procedures are different this year based on the current CDC and PA Department of Health guidelines for conference facilities. These guidelines are subject to change and you will be notified of any changes. Please read these guidelines carefully so that you know what to expect!

Checklist for Parents/Guardians and Youth Leaders:

Before you leave home:

- Evaluate the health of every camper and leader before leaving for Winterblast! Please take the temperature of every leader and camper and evaluate their general health. Please have a camper or leader remain at home if they show a temperature of 100.4 or greater, COVID-19 [symptoms](#), or if they have been in close contact with a person that is positive for COVID-19 or waiting for results from a COVID-19 test. This is the most effective way to maintain the health and safety of all guests!

Individual responsibility while at Winterblast:

Each student and leader will have personal responsibility to adhere to Camp Orchard Hill guidelines. Leaders can help enforce guidelines within their own group. Leaders do not need to enforce guidelines with another group. Please notify COH leadership of any concerns as they arise throughout the weekend.

- **Morning Health Screening** – Before each camper or leader enters The Lakeview Terrace for breakfast, a staff member will take their temperature with a contactless thermometer and ask three questions:
 - Have you had a temperature of 100.4 or greater in the last 72 hours?
 - Have you experienced coughing or shortness of breath in the last 72 hours?
 - Have you or anyone in your household had contact with a person that is positive for COVID-19 infection or awaiting the results of a COVID-19 test?

Anyone who has a fever of 100.4 or greater and/or multiple COVID-19 symptoms, will need to carefully isolate and return home as soon as a ride is arranged.

- **Handwashing and Sanitation** – Participants will be required to sanitize their hands regularly, especially before and after use of shared equipment. Campers will also be required to wash their hands at regular intervals throughout the day using correct hand washing practices with soap and water for at least 20 seconds.
- **Face Coverings** – In accordance with PA Department of Health guidelines, all participants will be required to wear face coverings when in common indoor spaces like The Lakeview Terrace, the Apple Tree Café, the Gym and Game room. Participants will be able to remove face coverings while they are seated at their tables in the Lakeview Terrace and when they are seated in their assigned group location for sessions. Participants may remove face coverings when they are able to maintain social distance in outdoor settings. Our staff team will wear masks when they are indoors and when they are outdoors and not able to maintain social distancing measures.
- **Respiratory Etiquette** – Campers and staff will be encouraged to cover coughs and sneezes with a tissue. Used tissues will be thrown in the trash and hands washed immediately with soap and water for 20 seconds when available. If soap and water are not readily available, hand sanitizer will be used.
- **Report Changes in Health:** Parents/guardians and leaders, please advise all participants to quickly report changes in health or symptoms of illness to the main group leader and then to the staff of Camp Orchard Hill.

- **Participants at Higher Risk** – Each family must determine the appropriateness of attendance for campers who are at higher risk for severe illness. A list of these risk factors can be found at <https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-at-higher-risk.html>

Weekend Structure to Reduce Exposure: Winterblast weekends will include structural changes designed to reduce exposure for each individual. Structural changes include cohorting, meal rotations and A/B scheduling of space and activities, timed entry and multiple entry points in order to reduce exposure of each individual.

- **Capacity** – The overall weekend capacity and capacity for each space will be determined by current PA Department of Health guidelines as outlined for [conference facilities](#).
- **Cohorts** – Each church, youth group or organization will be considered a cohort and will have common housing and bathroom assignments, meal and session seating and will be grouped together for activities. The weekend will be structured to create space between cohorts and to limit mixing. Participants will be asked to maintain physical distance with other cohorts.
- **Worship Services** – Daily worship services will be moved to our 12,000 square foot gymnasium in order to provide ample distance between each cohort. Participants will wear face coverings while they enter, exit and during singing/worship. Participants may remove face coverings during teaching when they are seated in the assigned cohort location.
- **Scheduled Activities** – Campers will continue to have a wide variety of activity choices each weekend. Cohorts will be scheduled for activity zones with an emphasis on outdoor activities. When weather requires and to provide variety, cohorts will be assigned to indoor spaces and activities.
- **Meals** – Chef Steve will continue to provide delicious meals with a modified buffet. Staff will fill plates and participants will wear a face covering when they are in the buffet line. Participants will be able to remove their face coverings when they are seated at their assigned tables in The Lakeview Terrace.
- **Snack Shop** – The Apple Tree Café snack shop will be open to purchase snacks, prepared foods, drinks and souvenirs. Cohorts will be assigned a specific time to enter the Café to purchase snacks. One cohort will be scheduled at a time and the Café will be cleaned and sanitized between use by each cohort group.
- **Drinking Water** – Drinking fountains and drink machines will not be in use. Instead, drinks will be available on tables in The Lakeview Terrace and a supply of sealed, disposable water bottles will be available for participant use throughout the weekend.
- **Cleaning** – A dedicated cleaning team will be responsible for sanitizing bathrooms and common areas throughout the day and between uses by each cohort. Our program team will regularly disinfect shared program equipment in between camper and cohort use throughout the day.
- **Refunds related to illness** – Our normal policy will remain in effect, that deposits or final payments made toward Winterblast will be non-refundable. We will make an exception to this policy for participants who are turned away for a fever of 100.4 or greater, or who develop a fever or multiple symptoms of COVID-19 prior to their weekend. We encourage parents/guardians and youth leaders to evaluate participant's health before arriving at camp. Please see our Communicable Disease plan for further details and contact the camp office with any questions.
- **Communicable Disease Plan** – Camp Orchard Hill will follow CDC and PA Department of Health Guidelines meant to prevent the spread of communicable disease. Our plan includes daily health screenings, recognition of symptoms related to COVID-19, careful treatment and isolation of participants who present symptoms and appropriate communication and action for participants who demonstrate multiple symptoms of COVID-19. For detailed information on our Communicable Disease Plan, please refer to that document below.

Camp Orchard Hill Mission Statement: Camp Orchard Hill exists to meet the physical, emotional, relational and spiritual needs of campers, families and our community through the love of Jesus Christ.



Camp Orchard Hill

Communicable Disease Plan 2021

Before You Attend Camp

- Staff and families should not come to camp, and must notify camp officials if they (staff) or their child (families) become sick with COVID-19 [symptoms](#), test positive for COVID-19, or have been exposed to someone with symptoms or a confirmed or suspected case.
- Sick staff members or campers must not return to camp until they have met CDC's [criteria to discontinue home isolation](#).

Daily Health Screenings

- We will conduct daily health screenings of both campers and staff including temperature check and COVID-19 [symptoms](#) (fever, cough and shortness of breath).
- For any camper or staff member that exhibits a fever of 100.4 or greater or multiple COVID-19 symptoms, admittance to camp will be denied for that day. We recommend that you immediately follow up with your health care provider for instructions on how to proceed.

For those who have a fever of 100.4 or greater and multiple COVID-19 symptoms, a written physician's clearance will be required for re-admittance to camp.

Developing Symptoms While at Camp

- **Isolate and Transport Those Who are Sick**
 - Immediately separate staff and campers with COVID-19 [symptoms](#) (such as fever, cough, or shortness of breath) and place a face mask on the individual. Isolate the individuals by separating symptomatic individuals by at least 6 feet. Individuals who are sick must go home and or to a healthcare facility, depending on the severity of symptoms, and follow [CDC guidance for caring for yourself or others](#) who are sick.
 - If a staff or camper does not require immediate clinical evaluation and is not able to be transported off grounds immediately, they will be taken to the isolation room located in the health care center. The health care staff will follow [Standard and Transmission-Based Precautions](#) when caring for sick people. See: [What Healthcare Personnel Should Know About Caring for Patients with Confirmed or Possible COVID-19 Infection](#).
 - If a parent or driver is not immediately available for transportation we will keep the staff member or camper in the isolation room until parent/driver arrival. If symptoms warrant emergency medical attention (see below), we will utilize 911 to transport camper or staff to the hospital.
- **Clean and Disinfect**
 - Close off areas used by a sick person and do not use these areas until after cleaning and disinfecting them (for outdoor areas, this includes surfaces or shared objects in the area, if applicable).
 - Wait at least 24 hours before cleaning and disinfecting. If 24 hours is not feasible, wait as long as possible. Ensure safe and correct use and storage of cleaning and disinfection products, including storing them securely away from children.

Returning to Camp

The CDC outlines two approaches in deciding whether someone should discontinue home isolation: symptom-based strategy or a test-based strategy:

A. Symptom-Based Strategy: Staff or camper can return to camp only if:

- It has been at least 3 days (72 hours) of having no fever without use of fever-reducing medications **and** improvement in respiratory symptoms;
- It has been at least 10 days since the symptoms first appeared; **and**
- The staff or camper has consulted with a healthcare provider and state or local health department. ***A written physician's clearance will be required for re-admittance to camp.***

OR

B. Test-Based Strategy: Staff or camper can return to camp only if:

- They no longer have a fever without the use of fever-reducing medications;
- Their respiratory symptoms have improved;
- They have received two negative tests in a row, at least 24 hours apart; and
- They have consulted with a healthcare provider and state or local health department. ***A written physician's clearance will be required for re-admittance to camp.***

Upon Return to Camp:

- Health screenings will continue to be performed on a daily basis.
- When returning to camp, staff or camper will be instructed to self-monitor for symptoms and alert the camp staff or supervisor if symptoms return.

Notification of Health Officials and Close Contacts

- In accordance with state and local laws and regulations, we will notify local health officials and families immediately of any case of COVID-19 while maintaining confidentiality in accordance with HIPPA and the Americans with Disabilities Act.
- We will advise those who have had [close contact](#) with a person diagnosed with COVID-19 to stay home, [self-monitor for symptoms](#), and follow [CDC guidance](#) if symptoms develop.
- At this point, our camp programs will proceed under guidance from local health agencies.

When to Seek Emergency Medical Attention

Look for **emergency warning signs*** for COVID-19. If someone is showing any of these signs, **seek emergency medical care immediately**

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Bluish lips or face

*This list is not all possible symptoms. Please call your medical provider for any other symptoms that are severe or concerning to you.

Call 911 or call ahead to your local emergency facility: Notify the operator that you are seeking care for someone who has or may have COVID-19.